

**TIMES LEADER** **MEDIA GROUP**

Friday, September 28, 2018



Breast  
**CANCER**  
A W A R E N E S S  
month



“Treated right. Here.”



**CANCER DIAGNOSIS? WE ARE  
HERE FOR YOU. CALL FOR A  
CONSULTATION.**

An entire team with a long standing, exceptional reputation. Plus doctors with over 50 years of collective experience who clearly explain all your options. And work with all insurance plans.

One of only four centers in Pennsylvania to earn the ASTRO accreditation for safety and excellence in care. **NROC treats you right. Here.**

The right team. The right technology. The right treatment.



1110 Meade Street, Dunmore, Pennsylvania | 570.504.7200 | [nrocdoctors.com](http://nrocdoctors.com)



# Oncology Nurses Making a Difference

To serve and care for cancer patients is a special calling. Anyone working in this specialty knows that you are not only caring for patients, but serving their families with support and encouragement. As we begin Breast Cancer Awareness Month, we get some insights from a few of Northeast Radiation Oncology Centers' devoted nurses.

## NROC Clinical Nurse Manager Leah Nawrocki, R.N., M.S.N., OCN

Leah has been an oncology nurse for 30 years. She has worked for NROC for 11 years, overseeing not only daily clinical functions, but many operational duties. Additionally, she has a great deal of contact with patients, and that is what she finds most fulfilling. Having first worked on Mercy Hospital's oncology unit, she does enjoy the different role in a cancer center. "When you are a hospital nurse, you take care of patients on the unit, but you don't know what happens when they leave. It's different when you can help navigate patients and families through their journey, getting them to their destiny, whatever it may be. I find service to the patient very fulfilling. I feel really fortunate to be in such a position."

Leah earned her R.N. degree from Luzerne County Community College, and attained her B.S. and M.S.N. from Wilkes University.

## NROC Oncology Nurse JoAnn Foley, R.N.

JoAnn has worked as an oncology nurse for 38 years. Involved in work-study as she earned her degree at the Mercy Hospital School of Nursing, she knew she loved radiation oncology, but there were no openings at the time. She worked on a medical/surgical unit at Moses Taylor Hospital for two years, and when a position opened at Mercy's radiation oncology unit in 1980, she joined the team there, staying through the inception of NROC, where she serves patients in Dunmore today. Most fulfilling for her? "I see more and more people cured. Cancer has come a long way. It's more like a chronic disease than it used to be...more long term and maintenance treatment. The patients' quality of life is better; they don't have all the side effects that used to occur."

## NROC Nurse Navigator Debbie Petro, R.N., OCN

In her 39-year career as an oncology nurse, Debbie has worked for NROC for the last ten. She fell in love with oncology nursing as a graduate nurse at Hershey Medical Center. Debbie had attained her R.N. degree at Pittston Hospital School of Nursing, then began working at Hershey Medical Center as a leukemia nurse. After a few years there, she came home to work at Mercy Hospital's oncology unit before joining NROC. "I find many things fulfilling in my job. I find the human factor—the caring factor comes in. The interaction between the patients and the families can be intense. It's really gratifying to help people, as no one wants to hear this diagnosis—the interaction is more intimate and personal. I've met wonderful people along my journey." Debbie has been oncology certified for the last 15 years.

Patients who may be afraid or overwhelmed with their diagnosis can find comfort in not only their physicians, but in the special clinicians who care for them with such devotion. For more information, please call NROC at 570-504-7200, or visit [www.nrocdoctors.com](http://www.nrocdoctors.com)

*Submitted by Northeast Radiation Oncology Centers*

## The Times Leader Media Group is proud to support Breast Cancer Awareness in Northeastern PA



This year, we are so fortunate to be able to give cash donations to two wonderful organizations, Paint Pittston Pink and Candy's Place. Paint Pittston Pink has grown leaps and bounds since the first ever event in 2014. Event organizers Qiana Lehman Esq. and Barb Sciandra deserve tons of kudos not only for their clever and fun event planning but more importantly the funds they have raised. Their goal every year is to raise \$100,000 and this year, I think they'll do it. All monies raised goes to the Pennies in Action Fund at the University of Pennsylvania Hospital in Philadelphia. Check out the list of events in this section and come out to support a great cause and have some fun! Times Leader's own Mike McGinley will be participating in the Gentleman's Dash on Saturday, October 6! This is one of event you don't want to miss! We can't wait to see Mike dashing down Main Street on those pretty pink pumps! He's also raising a lot of money for the cause, by the way! Great going Mike!

We also are so grateful for those who support Candy's Place so that the organization can continue to provide physical and emotional support for local cancer patients. We also appreciate every advertiser in this publication for helping us make donations for both Paint Pittston Pink and Candy's Place.

Kerry O'Neil Miscavage, Times Leader Media Group  
Vice President of Sales and Marketing  
570-704-3953  
[kmiscavage@timesleader.com](mailto:kmiscavage@timesleader.com)

## Supporting Breast Cancer Awareness Month

For Your Peace of Mind

# KIESINGER

Funeral Services, Inc.

Mark Kiesinger  
Funeral Director/Supervisor

255 McAlpine Street, Duryea, PA

**457-4387**

# LOKUTA'S FUEL SERVICE

Proud to Support Breast Cancer Awareness Month!

*In Loving Memory  
Of Every Cancer  
Patient, Family  
& Friends Who  
Have Lost The  
Battle Of Cancer  
And The Ones  
Who Continue  
To Conquer It.*



**October Is Breast Cancer Awareness Month**

- Delivery of home heating fuel, kerosene, winter blend, on and off road diesel.
- Burner Service available.
- Fuel Grants accepted.
- Check our everyday low prices.
- Always accepting new customers.

## LOKUTA'S FUEL SERVICE

808 Suscon Road • Pittston, PA 18640

**570-654-6298**



# Radiation cancer therapy: Fast, accurate, incision-free at WB General

## Staff Report

WILKES-BARRE — A linear accelerator in operation since January 2016 at Commonwealth Health Wilkes-Barre General Hospital's Cancer Center is the first of its kind in Northeastern Pennsylvania.



Horvick

This state-of-the-art equipment is being used to treat cancerous masses with radiation therapy faster and more accurately.

While the linear accelerator's primary goal is to deliver accurate radiation to the cancerous tissue, patients also benefit because the treatments take a fraction of the time to administer as compared to earlier technology.

It delivers accurate treatments in a shorter amount of time for many types of cancer like prostate, brain, lung, bladder, breast and skin.

Under the direction of David Horvick, M.D. radiation oncologist and medical director of the radiation oncology department, the hospital's linear accelerator is used to administer radiation beams that are as exact as a scalpel but accomplish tumor destruction without incisions.

Advancements in imaging and delivery of treatment make the TrueBeam Radiotherapy System superior to older models.

With the older technology, officials have said, radiation oncologists had to estimate the target area of a malignant structure prior to delivering treatment.

The new technology allows for three-dimensional visualization of the target, resulting in more accurate delivery of the treatment.

More than this, it's also considerably faster, with treatment times reduced from as much as 20 minutes with earlier technology to as few as two minutes now.

Reduced treatment time combats the issue of patient motion during treatment. That is important because

the more a patient moves, the greater the likelihood healthy tissue will be affected.

And, officials have said, oncologists are also able to take imagery during treatment to confirm that radiation is on target while a patient is on the table.

## Breast cancer benefits

According to Horvick, TrueBeam has brought several specific benefits to breast cancer treatment:

- One of the techniques used in treatment is deep inspiration breath-hold — having the patient hold her breath to minimize radiation damage to the heart and lungs. It is primarily used for treating left-sided breast cancer, closest to the heart. But, Horvick explained, body parts move when the patient eventually inhales or exhales.

TrueBeam is equipped to automatically stop treatment if the patient moves, and records the position of the treatment area, so the device can be positioned precisely when treatment resumes.

- Breast cancer has traditionally been performed in the supine position, meaning the patient lies on her back. Using a Styrofoam cradle, patients can now lie in the prone, or face-down position, with their breasts extending down through an opening in the foam. TrueBeam has what is known as image guidance technology, which allows the machine to treat cancers in this position, which previously was not possible.

With the overall trend toward shorter, more intense treatment regimens — four or five weeks vs. six or seven in the past — TrueBeam meets the need for highly precise, accurate treatment, Horvick said.

For more information, visit <https://www.commonwealthhealth.net/cancer-care-services>.



A linear accelerator in operation since January 2016 at Commonwealth Health Wilkes-Barre General Hospital's Cancer Center is the first of its kind in Northeastern Pennsylvania.

**PROUD TO SUPPORT PAINT PITTSTON PINK!**



*Midway*  
GARDEN CENTER  
and Landscape Contractors



1865 Hwy. 315, Pittston

Located on Route 315, mid-way between Scranton and Wilkes-Barre, Opposite St. Joseph's Oblates Seminary

Mon-Fri: 9am-7pm • Sat-Sun: 9am-5pm

570-654-6194 • [midwaygardencenternet.net](http://midwaygardencenternet.net)

# FIGHTING FOR A CURE

## IT'S A WAY OF LIFE!

**ATTENTION WOMEN**

*"Annual screenings are important! My mother is a survivor after Breast Cancer was detected in a routine mammogram."*

**ATTENTION MEN**

*"Self exams are important for you too! My Grandfather died from Breast Cancer"*

***Please get checked; I will wait for your business***

**Ruane & Mudlock Funeral Home, Inc.**

18 Kennedy Street, Pittston, PA 18640 • 570-654-2250

Laura Mudlock, Supervisor • [www.ruaneandmudlock.com](http://www.ruaneandmudlock.com)

# The mammogram debate: Should I get screened?

By John Farrell, MD  
Geisinger Radiologist

Breast cancer screening is a hot topic indeed. Whether you're at work, the grocery store, the gym or your doctor's office, the discussion is happening in our community and in communities across the country — and for good reason.

Breast cancer is a very common disease. One in eight women will be diagnosed with breast cancer. In 2018, more than 266,000 women will be diagnosed with breast cancer. About 40,000 women will die from breast cancer in the U.S. this year.

Despite these statistics, breast cancer is a disease that, especially if caught early, is very treatable. In fact, the 5-year survival rate is almost 90 percent. That is, out of 100 women diagnosed with breast cancer, 90 of them will live at least 5 years — a prognosis that is far better than for other cancers.

For example, the 5-year survival rate for lung cancer is only 18 percent.

So, why are the survival statistics for breast cancer so good? There are two reasons. First, doctors are very good at treating breast cancer. Advances in surgical techniques, radiation therapy and chemotherapy have resulted in highly effective therapies that are well tolerated by patients.

See DEBATE | 8



Farrell

## MAXWELL'S HOUSE PET RESORT



Proudly Supporting  
Breast Cancer  
Awareness Month



Boarding • Grooming • Daycare

10 Tunnel St. Pittston PA  
570-655-1406



Facebook.com/MaxwellsHouseResort



WINNER

READERS CHOICE  
TIMES LEADER

4th ANNUAL  
BEST OF  
2017

9TH ANNUAL  
TIMES LEADER 2018  
READER'S CHOICE

## Debate

From page 7

Second, thanks to mammograms, doctors can detect cancers years before a woman would have a symptom such as a breast lump. Early detection plays a critical role in breast cancer care.

Why the debate, then?

Well, since breast cancer impacts so many lives, there are multiple different types of doctors who contribute to breast cancer screening and treatment. In addition to cancer doctors (oncologists) and surgeons, there are family practitioners, internists, radiologists and of course obstetricians and gynecologists. There are national societies that guide the practices of these medical specialties by issuing recommendations on topics such as breast cancer screening. The American Cancer Society and the U.S. Preventive Services Task Force publish screening recommendations for breast cancer and other cancers.

It would be wonderful if there were a single, unified screening recommendation that could be applied to all women. Unfortunately, these professional societies' guidelines do not always agree on important issues like the age at which a woman should get her first mammogram and how often she should get mammograms thereafter. This can lead to confusion both among patients and their doctors.

As a radiologist, I too have societies in my specialty that issue screening guidelines. Both the American College of Radiology and the Society of Breast Imaging recommend that a woman of average risk for breast cancer should get a mammogram every year, starting at age 40. An average-risk woman doesn't have a history of breast cancer herself, a family history of breast cancer or a genetic mutation that increases risk of breast cancer, and she has not had radiation treatment to the

chest before age 30.

These recommendations are from leading radiologists in the field who, like me, make their livings reading mammograms and other types of imaging studies. So, it may not be a surprise that these societies are pro-screening. However, it has been shown that annual screening beginning at age 40 saves the most lives and years of life for women.

A mammogram is an excellent screening test, and it's only getting better. The advent of digital breast tomosynthesis, also known as 3D mammography, has allowed doctors to detect cancers even earlier than conventional mammograms. But no screening test is perfect. It is possible to miss a cancer on a mammogram, and mammograms can detect breast lumps and calcifications that are not cancerous but require a biopsy to prove they are benign. There is a small dose of radiation from a mammogram, though the total dose is much less than a CT scan.

It's never too early to discuss breast cancer screening with your doctor. The discussion should include your family history of breast cancer, especially in immediate family members such as a parent, sibling or child. This information can impact the age you should start getting screenings and how often they should be performed.

And of course, call your doctor if you have a breast lump, a lump under the arm, skin changes in your breast, nipple discharge, breast pain or any other concern regarding your breast health.

# Our impressions will sharpen your image.

Your full-service printer with a commitment to customer service



## Independent Graphics Inc.

570.654.4040 • 242 W. 8th St., West Wyoming, PA 18644

Visit us at [www.IndependentGraphics.com](http://www.IndependentGraphics.com)

- Fast Turnarounds
- Full-Service Printing
- Wide Format Posters
  - Digital Color
  - Direct Mail
- Variable Data
  - Fulfillment
  - Bindery

# Oncologists in Luzerne and Lackawanna Counties

Medical Oncology Associates  
Cancer treatment center in Kingston, Pennsylvania  
382 Pierce St, Kingston, PA 18704  
(570) 288-7231

David Horvick, MD  
Oncologist in Wilkes-Barre, Pennsylvania  
545 N River St Suite 220, Wilkes-Barre, PA 18702  
(570) 552-1300

Dr. Arthur N. Meyer  
Oncologist in Luzerne County, Pennsylvania  
1000 E Mountain Blvd, Wilkes-Barre, PA 18711  
(570) 808-4772

Dr. Carol Westbrook, MD  
Oncologist in Luzerne County, Pennsylvania  
1000 E Mountain Blvd, Wilkes-Barre, PA 18702  
(570) 808-6150

Medical Oncology Associates: Nahar Rajesh MD  
Internist in Kingston, Pennsylvania  
382 Pierce St, Kingston, PA 18704  
(570) 288-7231

Dr. Raghava Reddy Levaka Veera, MD  
Oncologist in Luzerne County, Pennsylvania  
1000 E Mountain Blvd, Wilkes-Barre, PA 18711  
(570) 808-4772

Shapiro Donald M DO  
Oncologist in Luzerne County, Pennsylvania  
1111 East End Blvd, Wilkes-Barre, PA 18711  
(570) 824-3521

Medical Oncology Associates: Sabol Phyllis J MD  
Doctor in Kingston, Pennsylvania  
382 Pierce St, Kingston, PA 18704  
(570) 288-7231

Dr. Robert A. Rostock, MD  
Oncologist in Luzerne County, Pennsylvania  
1000 E Mountain Blvd, Wilkes-Barre, PA 18711  
(570) 808-7075

Hematology & Oncology Associates of NEPA, PC  
Oncologist in Dunmore, Pennsylvania  
1100 Meade St, Dunmore, PA 18512  
(570) 342-3675

Frank M. and Dorothea Henry Cancer Center  
Cancer treatment center in Luzerne County, Pennsylvania  
1000 E Mountain Blvd, Wilkes-Barre, PA 18711  
(570) 808-4772

Dr. Madhava Baikadi  
Oncologist in Scranton, Pennsylvania  
746 Jefferson Ave, Scranton, PA 18510  
(570) 348-7200

Dr. Madhava Baikadi  
Oncologist in Dunmore, Pennsylvania  
1110 Meade St, Dunmore, PA 18512  
(570) 504-7200

Hematology & Oncology Associates  
Doctor in Scranton, Pennsylvania  
743 Jefferson Ave, Scranton, PA 18510  
(570) 343-0335

Geisinger Hazleton Cancer Center  
Oncologist in Hazleton, Pennsylvania  
1740 E Broad St # 3, Hazleton, PA 18201  
(570) 459-2901

CRF Haven  
Oncologist in Drums, Pennsylvania  
484 Sugarloaf Heights Rd, Drums, PA 18222  
(570) 710-3397

Gazzillo Michelle  
Oncologist in Dunmore, Pennsylvania  
1100 Meade St, Dunmore, PA 18512  
(570) 342-3675

Veerabhadrapa Kishori MD  
Oncologist in Dunmore, Pennsylvania  
1100 Meade St, Dunmore, PA 18512  
(570) 342-3675



# GOLDEN CARE of NEPA HOME HEALTH SERVICES



- 24 Hour, 7 day Nursing available
- Joint Commission Accredited
- Most Insurances Accepted
- Nursing Care
- Physical Therapy
- Occupational Therapy
- Speech Pathology
- Medical Social Services
- and so much more!

**570-654-2883**

## SILVER CARE, INC. HOME HEALTH AGENCY

- Bathing, dressing, walking, grooming assistance
- Medication Reminding
- Light housekeeping, linen change, dusting, vacuuming
- Running errands
- Social & Recreational Activities
- Contracted Provider of the Waiver Program
- Providing care for Department of Aging - VA - Private Care

**570-655-1999**

**EXCELLENCE IN HOMECARE  
FOR OVER 33 YEARS!**

Call today for more information and to see how we can help you!

200 Overlook Drive Suite 220, Pittston, PA



# Did you know?

**P**athology reports are documents that contain diagnoses after doctors have examined cells and tissues under a microscope. According to the National Cancer Institute, pathology reports, which play an important role in diagnosing and treating cancer, also may contain information regarding the size, shape and appearance of a specimen as it looks to the naked eye. People who are diagnosed with breast cancer may receive pathology reports that indicate the presence of tumor necrosis. According to the nonprofit organization Breastcancer.org, the presence of tumor necrosis means that dead breast cancer cells were found within the tissue sample. Tumor necrosis, though it is often limited to a small area within the tissue sample, suggests a patient is battling an aggressive form of breast cancer.



Friday, November 2, 2018 | Mohegan Sun Pocono  
7 PM to 10:30 PM

Live auction, silent auction, gift card guarantee, food stations and bar. Live music by The Exact Change.

\*100 percent of the proceeds stay in NEPA to support the Cancer Institute's Patient Navigation Screening Program.

## SPONSORSHIP

Spirit of Hope Celebration 2018 Sponsorship Packet  
Sponsorship Letter

Interested in donating a service or item for our silent auction or gift card guarantee, please fill out a gift receipt form and mail it to our office: NRCI, 334 Jefferson Avenue, Scranton, PA 18510.

## LEGENDARY SUPPORT

COORDINATION

"YOUR COMFORT IS OUR CONCERN"



Legendary Support Coordination is a company that assists adults with needs with finding services within their community that may benefit them. This is a free service through the waiver program.

Some of our services include:

- Support coordination
- Nursing home preventions
- Information and community referrals
- Personal care assistance
- Home modifications
- Durable medical equipment
- Assistive technology
- Transportation
- Discharge planning
- Personal emergency response systems
- 24 hour on call service

You can contact the Moosic office at (570) 955-3360,  
or stop by at 4099 Birney Ave. Moosic PA, 18507



Specializing in the Medical & Surgical  
Treatment of the Foot & Ankle

## DR. DAVID POTASH

Board Certified

### GENERAL PODIATRY & FOOT SURGERY



- Diabetic Foot Care
- X-Rays
- Orthotics
- Sports Medicine
- Foot Injuries
- Endoscopic Surgery
- Corns and Calluses
- Geriatrics
- Arthritic Disorders
- Bunions
- Wound Care
- Warts
- Ingrown Nails

Medicare, Blue Shield, First Priority,  
Geisinger, & Most Insurances Accepted

**New Patients Welcome**

**AMPLE FREE PARKING**

# 824-7361

[www.doctordavidpotash.com](http://www.doctordavidpotash.com)

150 South Pennsylvania Ave. Wilkes-Barre

*Connect*  
*Communicate*  
*Conquer*



323 Wyoming Avenue  
Wyoming, PA 18644

Office: **570-299-5951**

PA 090523

[www.handymanmatters.com](http://www.handymanmatters.com)

[michele.orlandini@handymanmatters.com](mailto:michele.orlandini@handymanmatters.com)



# Community for a Cure

We Stand Together in the Fight Against Breast Cancer!

Medical experts agree that early detection is a woman's best defense in overcoming breast cancer. In fact, the National Breast Cancer Foundation reports that when breast cancer is detected in the early, localized stage, the five-year survival rate is 98 percent. The organization encourages every woman to develop an early detection plan consisting of breast self-exams, clinical breast exams and mammograms based on age and health history. To learn how to perform a monthly breast self-exam, go to [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org) or ask your healthcare professional. A family physician or gynecologist should perform a clinical breast exam as part of an annual visit, and can advise women on the frequency of mammography scheduling.

Times Leader Media Group is so proud of our local businesses that have joined together in donating money to support local initiatives Paint Pittston Pink and Candy's Place in the hope that women everywhere can look forward to a healthy future.

## TIMES LEADER MEDIA GROUP

**kw**  
KELLERWILLIAMS  
REAL ESTATE

**Donald Ide**  
Office: 570-288-0369  
Cell: 570-479-0350  
email: donaldide@kw.com

Contact Donald for  
"BUYING,  
SELLING OR INVESTING"

**Christine Piczynski**  
570-696-2600 x 207  
cpieczynski@bhhspongirealtors.com

**BERKSHIRE HATHAWAY | Poggi, REALTORS®**  
Home Services

1149 Wyoming Ave., Forty Fort Phone: 570.283.9100 Fax: 570.283.9101  
28 Carverton Road, Shavertown Phone: 570.696.2600 Fax: 570.696.0677

**Rae Dziak**  
570-714-9234  
rae@lewith-freeman.com

**A CONSISTENT TOP PRODUCER**

**LEWITH & FREEMAN**  
REAL ESTATE, INC.  
570-288-9371

*Grace Sweet  
Treats & More*

**CONTACT**  
570-902-5226  
Gracesweettreats21@gmail.com

**O'CONNOR**  
Real Estate  
(570) 715-7700

**Joseph O'Connor**  
86 S Mountain Boulevard Mountaintop PA 18707  
Phone: 570-715-7700 • Fax: 570-715-7711

**BEKINS®**  
BEKINS MOVING SOLUTIONS

125 Stewart Rd, Wilkes-Barre, PA 18706  
Phone: 570-821-6112 | Fax: 570-821-6115  
acemvg@aol.com | www.mybekins.com

Residential | Office | Storage  
Local | Long Distance | Logistics

# Candy's Place will not close, founder says

By Bill O'Boyle

boboyle@timesleader.com

FORTY FORT — Candy's Place, A Cancer Wellness Center will not close as previously announced.

Penny Cunningham, founder of Candy's Place and sister of the center's namesake, the late Candice Vincent Mamary, released a statement:

"After providing vital services and a home-like atmosphere to cancer patients and their loved ones for the past 20 years, we recently made the sad announcement that we would be closing our doors forever on Sept. 14, 2018.

"However, since that time, we have been overwhelmed with calls of support and offers to help re-energize and re-open Candy's Place.

"As a result, we are pleased to announce, we will not be closing our doors on Sept. 14 and we have begun the hard work of restructuring and reorganizing Candy's Place with the intention of keeping our doors open for many years to come.

"We thank you for your support and trust you will be hearing from us again soon with a positive announcement about the future."

Candy's Place is located at 190 Welles St., Forty Fort. That location will remain open, Cunningham said.

"The location is the same and our programs and services will remain the same," she noted. "An executive director will be hired and I will stay involved at some

level."

Cunningham would not identify any benefactors who came forward to keep Candy's Place open.

"All I can say is that I was speechless when I got the phone call," she recalled. "I was feeling very overwhelmed — at first with goodness. I am thrilled for the patients. I was concerned about where they would go. But that is no longer a worry — Candy's Place will continue on. I can't let go after 20 years."

When Cunningham announced the center was closing, a statement noted Candy's Place has raised more than \$3 million since Cunningham founded the center to keep a promise to her sister: that something good would come from her ordeal. Largely coming from grants and contributions, the money helped pay for workshops, special events, support groups, exercise classes, art therapy and more.

The center won strong support from several donors, including the Susan G. Komen Breast Cancer Foundation, the Luzerne Foundation and the Blue Ribbon Foundation. It was common to find obituaries of those who had benefited from the center encouraging donations to Candy's Place.

Despite the substantial-sounding sum of money, federal 990 forms required annually from non-profits show Candy's Place was struggling in recent years. The 2016 form shows expenses exceeding revenue by \$59,337 that year, and by \$20,310 the prior year.

The center's website is still active at cancerwellness-

nepa.org.

All of the programs and services at Candy's Place are free of charge to cancer patients.

## About Candy's Place

- Since its inception, literally hundreds of patients, survivors, caregivers, widows and widowers, and loved ones have participated and benefited from the center's services.

- The Board of Directors of Candy's Place has carefully chosen to address the physical, emotional, and social needs for those diagnosed with cancer to enhance their medical treatment.

- Although medical advances have been made toward the detection and treatment of cancer, little emphasis has been placed on the recovery and re-healing of cancer's physical and emotional aspects, and most importantly, the quality of life issues before, during, and after cancer treatment.

- The center's "home" is a beautifully appointed, cozy, loving and non-threatening atmosphere where cancer patients feel free to visit and not only find the answers they seek, but make life-long friendships with staff, volunteers and fellow cancer patients.

Reach Bill O'Boyle at 570-991-6118 or on Twitter @TLBillOBoyle.



**MATT BURNE**  
Honda

Proud to support Candy's Place!  
1800 NEXT Honda | 1110 Wyoming Ave, Scranton  
mattburnehonda.com



**O'CONNOR**  
Real Estate  
(570) 715-7700

**Pat Doty**  
86 S Mountain Boulevard, Mountaintop PA 18707  
Phone: 570-715-7700 • Fax: 570-715-7711



**Brady Associates**  
500 Hunter Hwy.  
Tunkhannock, PA  
770-836-3848

Serving all your real estate needs since 1989

**Jeannie Brady**  
Broker-Appraiser  
ERABradyrealtors.com  
Email - erabradypix.net



**APEX**  
Soft Wash LLC

Call Toll Free for Your FREE Estimate!  
1-855-WASHME2  
www.ApexSoftWash.com



**#MBC THE BOILER ROOM**  
1174 MEMORIAL HIGHWAY DALLAS, TX 75242  
ONLY KAVA BAR IN PA!  
RETURN THIS FLYER FOR FREE DRINK!  
570-255-4452



**THINK PINK!**

**Marzoni's**  
BREAD, OVEN & BAKING CO.

EVERYTHING FROM BURGERS, BEER AND SANDWICHES TO CHICKEN AND PASTA.

26 Montage Mountain Rd. Moosic, PA 18507 | 570-342-7027 | www.marzonis.com  
Hours: Sunday-Thursday 11am - 10pm | Friday & Saturday 11am - 11pm





# Breast Cancer Awareness Month

**FORD FAMILY AUCTIONS AND OUTLET STORE**  
MIDWAY SHOPPING CENTER IN WYOMING

"WYOMING VALLEY'S PREMIER AUCTION SERVICE"

MIDWAY SHOPPING CENTER IN WYOMING.

**570-499-3889**

**FIGHT CANCER** 

80904677

## KLASS MOTORS



*Serving The Greater  
Wyoming Valley*

**"Early detection is key!"**

For Over 50 Years With  
**Reasonable Rates & Quality Service**  
Foreign/ Domestic

**243 Pringle St. • Kingston • 714-3300**

80904611




80904612



**Ayers Towing Service Inc.**

**570-474-6030**

[www.ayerstowing.com](http://www.ayerstowing.com)

Serving all of Luzerne  
County & NEPA

80904609

## SHEDLARSKI CONSTRUCTION

*Home Improvement Specialist*

Kitchens, Baths, Vinyl Siding & Railing,  
Replacement Windows & Doors, Additions,  
Garages, All Phases of Home Renovation, Also  
Installing Shade Tree Canopies!



Frank Shedlarski 570-287-4067

Licensed & Insured, PA 023878

80904702



**WELL DRILLING**  
SINCE 1962 *Systems* MOUNTAIN TOP, PA  
Water Conditioning, Tanks, Pumps, & UV Systems  
**570-868-5168**

## STRIKE OUT CANCER

**Chacko's**  
Family Bowling Center &  
Memory Lane Lounge  
**570-208-BOWL**

195 N. Wilkes-Barre Blvd.  
Wilkes-Barre, PA



*No Better Way to "Spare" Your Time!*

80904788

Design & Install  
Seeding & Sodding • Shrubby & Trees  
Paver Patios • Sidewalks & Driveways  
Retaining Walls



**Sirak's**  
**LANDSCAPING**  
& **HARDSCAPING, LLC**  
*Plant Hope*

**570-819-0197**

Gary Sirak  
Owner

PA# 078121

80904764

ANTIQUES WANTED

## TRAVER'S AUCTIONS

STEVE & DIANE  
TRAVER

**OVERCOME  
THROUGH  
COURAGE  
& STRENGTH**  
FISH & HORN

**570-674-2631**

[traversauctions@epix.net](mailto:traversauctions@epix.net)

[www.traversauctions.com](http://www.traversauctions.com)

AU-003367-L • AY-000097-L

ESTATES LIQUIDATED



80904831

# List of events for Paint Pittston Pink

## Saturday, Sept. 29

• 9 a.m. to 4 p.m. — Give a Pint, Get a Pint Blood Drive in memory of Greg Policare and Atty. Brian Musto at the Susquehanna Brewing Company in Jenkins Township.

## Sunday, Sept. 30

• 2 p.m. — Paint Pittston Pink "PINK-O Designer Purse Bingo" at St. Maria Goretti Banquet Hall in Laflin.

## Monday, Oct. 1

• 6 p.m. — Paint PAZZO Pink.

## Thursday, Oct. 4

• 7 p.m. — YOGA at the Sapphire Salon and Destination Spa in Pittston with Dr. Christine Kiesinger.

## Friday, Oct. 5

• 7 to 9 p.m. — Celebrity Bartender Night at the Red Mill in Pittston. Bartenders include Dr. Nicole Balchune, Dr. Anthony Bruno, Dr. Shawn Casey, Dr. John Farrell, Dr. Tim Farrell, Lisa Joyce, Dr. Jeff Kile, Abbe Kruger and Jenn Lombardo. Bouncers include Sammy Agolino, Rick Joseph, John Joyce, Joe Marranca, Chris Martin and A.J. Sanguedolce.

## Saturday, Oct. 6

• 9 a.m. — Mass at St. John the Evangelist Church in Pittston.  
 • 11 a.m. — Color Me Pink 5K  
 • 11:05 a.m. — Cape CURE-Sader Family Fun Walk  
 • Noon — Gentlemen's Dash. "Men in Heels" include Mike McGinley, Bob Kalinowski, Matt Green, Vincent Latona, Michael McFarland, Frankie Cawley, Scott Verdine, Patrick Bilbow, David Pacchioni, David Pedri and Chris Lubinski.

## MORE INFO

For more information, visit the Paint Pittston Pink Facebook page as well as the RaceRoster Registration website. Participants can register for all ticketed events via [www.raceroster.com](http://www.raceroster.com) and by searching for events in Pittston, PA. Donations as well as Gentlemen's Dash Sponsorship can be done on this site as well.



October is Breast Cancer Awareness Month

Early detection  
CAN save  
your life!



[www.guard.com](http://www.guard.com) • 570-825-9900

80904118

October is  
Breast Cancer  
Awareness  
Month



We can help you look your very best!

**KATHY POPE'S  
HAIR FASHIONS**

**347-6951**  
965 Winton St.  
Dunmore

[www.kathypopeshairfashions.com](http://www.kathypopeshairfashions.com)

80903647

# Chocolate & Heels – The Money-Raising Ingredients

When Sugar Plum Chocolates of Forty Fort hears about a good cause, the specialty retailer and its team like to get involved.

That's why Chief Innovation Officer Neil Edley designed Paint Pittston Pink chocolate bars, available for sale at the 900 Rutter Ave. location, to support the breast cancer relief fundraiser just a few miles down the road.

"At Sugar Plum, we believe in giving back to the community and helping out great local organizations that help others. And if we can do that by providing our delicious chocolate, then everybody wins," Edley said.

The milk chocolate bars retail for \$5.

Mike McGinley, Times Leader Media Group Major Accounts Executive and Digital Strategist, is participating in the 2018 Gentlemen's Dash this year, and is actively raising money for Paint Pittston Pink. He counts Edley and Sugar Plum as two of his biggest supporters.

"Not only does Sugar Plum offer amazing products designed to make your occasions sweeter than ever, but the company is always giving back," McGinley said.

As of press time, McGinley has raised \$1,600, but donations are still being accepted online at <https://bit.ly/2xOmz1r>.

McGinley is also hosting a fundraiser at 5:30 p.m. Tuesday at Cork Restaurant, 463 Madison St., Wilkes-Barre where the candy bars will be available for sale.

See CHOCOLATE | 19



Paint Pittston Pink Chocolate Bars are on sale now at Sugar Plum, 900 Rutter Ave., Forty Fort.



A carefully crafted display of heels and chocolates at Sugar Plum.



Mike McGinley, of Times Leader Media Group, and Neil Edley, of Sugar Plum, pose with McGinley's pink heels and Edley's chocolate bars which are on sale at Sugar Plum. Proceeds benefit the fundraiser.

You'll look *handsome*

In a suit from *Kranson*



RALPH LAUREN ANDREW MARC TALLIA MICHAEL KORS

*Kranson Clothes Inc*

145 MUNDY STREET  
WILKES-BARRE TWP.  
570-823-8612  
kransonclothes.com

**Proudly Supporting Breast Cancer Awareness Month**

Welcome To **Marie's** DINER

BREAKFAST • LUNCH • DINNER

**NOW LOCATED IN DURYEA**

**Homemade Comfort Foods, Soups and Desserts**

Serving Breakfast All Day/All Night!

207 McAlpine St., Duryea, PA • 570-457-5500  
Mon 6am-2:30pm; Tues - Sat 6am-8pm; Sun 7am-2pm

# Chocolate

From page 18

**Sugar Plum**  
CHOCOLATES

**Cork**  
bar & restaurant

## IF YOU GO

**What:** Mike's Martini Night - Breast Cancer Awareness Event

**Where:** Cork Restaurant, 463 Madison St., Wilkes-Barre

**When:** 5:30-7:30 p.m Tuesday

**Featuring:** Mike's Specialty Martini, Sugar Plum Chocolate Bars, Light Fare provided by Cork



# Elevate Your Lifestyle At Mayflower Crossing Apartments

Close to all major colleges, universities, and medical facilities. Great shopping, trendy restaurants, popular entertainment, & easy access to major highways.

*All the amenities you want:*

- All Major Appliances Included
- 24 Hour Maintenance.
- Heat and Most Utilities Included
- On Site Fitness Center.
- Private Entrance.
- Pet Friendly

## Half off first months rent!\*

Select Units

**Call Today**

\$350 security deposit\*  
\*Some restrictions apply

**1, 2, 3 and 4 Bedrooms Starting at \$850**



508 Mayflower Crossing, Wilkes-Barre  
www.mayflowercrossing.com  
Email: info@mayflowercrossing.com

**570-822-3968**

## Breast Cancer Awareness

# Pediatrics 21

Azra M. Sehic, M.D. F.A.A.P

Diplomate American Board of Pediatrics  
670 N. River St. • Suite 207 • Plains, PA 18705

**570-270-2525**



Same Insurance Plans • Existing Patients welcome • Accepting New Patients

Hours: Mon. 9-6, Tues. - Fri. 8-5

[www.pediatrics21.com](http://www.pediatrics21.com)

# Breast Cancer survival rates soar

A breast cancer diagnosis can be a devastating blow. Upon receiving such a diagnosis, people may begin to ask questions about treatment and the impact cancer may have on their personal lives. Many people who are diagnosed with cancer also begin to wonder about their mortality.

An estimated 266,120 new cases of invasive breast cancer and 63,960 new cases of non-invasive, or in situ, breast cancer are expected to be diagnosed among women in the United States this year, according to Breastcancer.org. According to the latest statistics presented by the Canadian Breast Cancer foundation, 26,300 women and 230 men had been diagnosed with breast cancer in Canada in 2017.

The good news is that breast cancer incidence rates began decreasing in 2000 after increasing for the previous two decades. In addition,

death rates from breast cancer have been decreasing steadily since 1989.

The National Cancer Institute says that the change in age-adjusted mortality rates are an indicator of the progress being made in the fight against breast cancer. The most recent SEER Cancer Statistics Review released in April 2018 indicates cancer death rates among women decreased by 1.4 percent per year between the years of 2006 and 2015. The American Cancer Society says that decreasing death rates among major cancer types, including prostate, colorectal, lung, and breast cancers, are driving the overall shift in survival. The ACS says breast cancer death rates among women declined by 39 percent from 1989 to 2015. That progress is attributed to improvements in early detection and treatment protocols. For anyone doing the

math, over the last 25 years or so, 322,000 lives have been saved from breast cancer.

A similar scenario has unfolded in Canada. Breast cancer mortality rates in Canada recently decreased to 21.4 percent, down from 21.8 percent in 2011, states data from the Canadian Cancer Society. Currently, the five-year survival rate for breast cancer among Canadians is 87 percent, and the five-year net survival in the United States is 85 percent.

Increased knowledge about breast cancer, early detection through examinations and mammography and improved treatments are helping to drive up the survival rates of breast cancer. Although this does not make diagnosis any less scary, it does offer hope to those recently diagnosed.



Early detection and better treatment options are improving the chances of surviving breast cancer.



Preferred  
Care at Home<sup>®</sup>

*Celebrating life, dignity  
and independence.™*

Asking for help is not easy,  
losing your independence  
may be your greatest fear.  
We understand, and we want  
to be there for you, by your  
side, every step of the way.

Call Today!  
(570) 654-9530  
PreferHome.com/Wyoming-Valley

Preferred Care at Home  
of Wyoming Valley

# PAINT PITTSTON PINK 2018 SCHEDULE OF EVENTS



## PINK CELEBRITY BARTENDERS:



Dr. Nicole  
Balchune



Dr. Anthony  
Bruno



Dr. John  
Farrell



Dr. Tim Farrell



John Joyce



Lisa Joyce



Dr. Jeff Kile



Abbe Kruger



Jenn  
Lombardo

## Gentlemen's Dash 2018



Pat  
Bilbow



Frank  
Cawley



Matt  
Green



Bob  
Kalinowski



Vincent  
Latona



Chris  
Lubinski



Mike  
McFarland



Mike  
McGinley



David  
Pacchioni



Dave  
Pedri



Scott  
Verdine

Register for all of our ticketed events via

[www.raceroster.com](http://www.raceroster.com) –

search for events in Pittston, PA!

Donations as well as Gentlemen's Dash™

Sponsorship can be done on this site as well!

## PINK CELEBRITY BOUNCERS:



Sammy  
Agolino



Dr. Shawn  
Casey



Rick Joseph



Joe Marranca



Chris Martin



A.J.  
Sanguedolce

**Alexlar Salon: From September 25th to October**

**6th, Alexlar will be doing pink accents for \$15**

**with 100% of the proceeds to be donated to**

**PPP. Book your appointment as soon as possible**

**because availability is limited!**



Pat & Tina Fisher

Elaine Fisher

**Friday, September 28, 2018**

- Paint the Night Pink: 6:30pm gathering in Pittston's Riverfront Park; 7pm Lantern Launch
- Lanterns are available for purchase via [www.raceroster.com](http://www.raceroster.com)
- Community awards will be presented at this event

**Saturday, September 29, 2018**

- Give a Pint, Get a Pint 9am-4pm: 2nd annual blood drive at Susquehanna Brewing Company
- Event held in memory of Greg Policare and Attorney Brian Musto

**Sunday, September 30, 2018**

- Paint Pittston Pink "PINK-O Purse Bingo": 2pm at St. Maria Goretti Banquet Hall in Laffin, PA
- Tickets are available for purchase via [www.raceroster.com](http://www.raceroster.com)

**Monday, October 1, 2018**

- Paint PAZZO Pink! 6pm
- Tickets are available for purchase via [www.raceroster.com](http://www.raceroster.com)

**Wednesday, October 3, 2018**

- Art & Wine at the Pittston Knights of Columbus 6pm

**Thursday, October 4, 2018**

- YOGA at The Sapphire Salon and Destination Spa in Pittston with Dr. Christine E. Kiesinger
- Tickets are available for purchase via [www.raceroster.com](http://www.raceroster.com)

**Friday, October 5, 2018**

- Paint the Red Mill Pink! 7pm-9pm
- Celebrity Bartending Night at The Red Mill in Pittston

**Saturday, October 6, 2018**

- 9am: Mass – St. John the Evangelist Church
- 11am: Color Me Pink 5K™
- 11:05am: Caped CURE-Sader Family Fun Walk™
- 12 noon: Gentlemen's Dash™

**Saturday, October 20, 2018**

- Cornhole Tournament at Susquehanna Brewing Company 11am

# Tipsy Turtle owner continues to raise money for cancer patients

By Bill O'Boyle

boboyle@timesleader.com

EXETER — It's been 14 years that Ken Carey has been cancer free and the 46-year-old owner of Tipsy Turtle Restaurants continues to raise money to help other cancer patients.

"I'm as healthy as I can be," Carey said. "And the impact our charity has had on cancer patients is irreplaceable."

Diagnosed with testicular cancer in 2004 and after undergoing an aggressive treatment program, Carey established a charity — the Tipsy Turtle Make Life Count Charity — that has raised \$189,000 in nine years. He said he will present "a significant check" to Dr. David Greenwald's Prescription Assistance Fund this Friday.

As of right now, not counting Friday's upcoming check presentation, Carey's charity has raised \$345,000 for the prescription assistance fund.

Carey has three Tipsy Turtle restau-

rants:

- 18 years at Market Street, Jenkins Township
- 10 years on Owen Street, Swoyersville
- 4 years at the Wilkes-Barre/Scranton International Airport

Carey said to fight cancer, medicines can be expensive. He said the assistance fund helps patients in need pay for their meds.

"People come in the restaurants and tell me how much they appreciate the help," Carey said. "It's something I feel I need to continue doing. It's all thanks to our loyal customers, corporate partnerships, family and friends."

Carey said after going through treatment, he has learned to appreciate life more.

"Life is short, so take advantage of what you're given," he said. "Things could always be worse."

Money raised by the charity goes

to the Medical Oncology Prescription Assistance Fund headed by Dr. David Greenwald, Carey's doctor, at his office on Pierce Street in Kingston.

"The money we raise stays local," Carey said. "It helps people in this area who need help to pay their medical bills."

## Making a difference

The charity raises funds through its annual golf tournament, raffle tickets and by selling Make Life Count wrist bands and t-shirts.

"Being in the restaurant business, we always are smiling, and we serve people every day in a social setting," Carey said. "But the people in Dr. Greenwald's office do the same. They are always positive and smiling, and they help people every day to deal with sickness. They are amazing people."

The Prescription Assistance Fund provides medications to people who otherwise would go without it, helps

pay costly insurance co-pays and has even paid for insurance of patients who lost their jobs.

Greenwald has said Carey's efforts have made a significant difference in the lives of many people in the area.

Reach Bill O'Boyle at 570-991-6118 or on Twitter @TLBillOBoyle.



TL file photo

Ken Carey, co-owner of the Tipsy Turtle Airport Pub in Avoca, Jenkins Township and Swoyersville.

## The Tipsy Turtle

Proudly supports local Cancer patients through our  
**Make Life Count Charity!**

For more information on our Charity  
that was established in 2004,  
please visit our website  
[www.tipsyturtlepub.com](http://www.tipsyturtlepub.com)

**make life count**



**3 great locations!**

**Airport Pub**  
28 Concorde Dr Avoca

**Owen St Pub**  
245 Owen St Swoyersville

**Market St Pub**  
29 Market St Jenkins Twp

**Think Pink ... Support October Breast Cancer Awareness Month**



**J & M**  
**Autobody**  
*inc.*  
**Collision Repair Specialists**

TOWING  
Insurance Estimates  
Frame/Unibody  
Direct Insurance Repairs

**Collision Repair Experts • Frame Repair • Insurance Claims**

*J&M has been providing quality collision repair since 1994.*

Skilled craftsman perform repairs with 30+ years of experience.

J&M uses the finest equipment and stays current with new technology.

**207 Center St., Dupont, PA 18641**

**[www.jandmautobody.com](http://www.jandmautobody.com)**

**570-655-6271**



# THINK PINK!

The area's Flagship dealer of Golden Technologies®  
Reclining Lift Chairs, Scooters, Power Wheel Chairs,  
& Daily Living Essentials

Up To  
25% OFF  
Showroom  
Items

15% OFF  
Orders

## Revelation Lifestyle & Mobility CENTER

600 Luzerne Avenue • West Pittston



Get UP  
& GO

Mon. 10-6pm; Thurs.-Fri. 10-6pm; Sat. 11-3pm  
CLOSED Tues., Wed., & Sun.

570.313.1057

RevelationLMC.com

*PINK.. Not just the color of a Ribbon - It's a Promise of Hope*

*Thank You Greater Pittston Area For  
Over 25 years of Business!*



**PLAZA  
BEVERAGE**



Featuring The Largest Craft & Micro Beer  
Selection in the Area

Carrying Beer and Wine Making Supplies

[www.plazabev.com](http://www.plazabev.com)

*Serving All of your Beer, Beer & Wine Making Needs  
From Singles to Kegs We have Your Beer.*

**3 Rachel Dr., Pittston, PA | Located on the Pittston By-Pass**

**570-654-2680**



FIGHT THE FIGHT, FIND THE CURE!

• HOPE • COURAGE • STRENGTH



# PAWSC

Pennsylvania Water Specialties Company

- Backflow Testing
- Backflow Installation
- Backflow Repairs
- Leak Detection
- ASSE Training
- OSHA Training



Pennsylvania Water Specialties (PAWSC) is committed to protecting drinking water quality and is working to solve this problem by reducing the potential for backflow incidents to occur.



Ralph V. Yanora  
Toll Free: 888-843-7155  
Office: 570-655-8633  
Fax: 570-655-8634  
Email: [Info@PAWSC.com](mailto:Info@PAWSC.com)  
Website: [PAWSC.COM](http://PAWSC.COM)

# Breast Density on Mammography

Dr. Thomas Bednarek

## FACTS

Mammography is the gold standard for evaluating women for early treatable breast cancer. The widespread use of mammography has contributed to a 25-35% reduction in breast cancer mortality. It is widely available, reasonably priced, proven, scientifically accepted and is covered by insurance but it has its flaws—It doesn't find all breast cancer and on average has a sensitivity between 80 and 85% in identifying breast cancer in all comers.

We are familiar with the risk factors for developing breast cancer such as genetic abnormalities, family history, years of estrogen exposure, obesity and a history of breast disease requiring biopsy even if there was a benign result of the surgery. An independent important risk factor previously lurking in the background but not fully appreciated and addressed is the effect of "breast density".

The breast is composed of glandular tissue that can produce milk, ducts that transport milk to the nipple and fibrous connective tissue all of which are "white" (dense) on the mammogram and fatty tissue which is dark on the mammogram.

The distribution and amount of these various tissues is quite unique to an individual patient making the appearance of a normal mammogram widely variable contributing to the challenge of interpreting mammograms and finding breast cancer.

On a mammogram, fibroglandular and ductal tissues are white as are cysts, benign tumor and cancers. Therefore, in a breast with a lot of dense tissue (white on the mammogram) the chance of identifying a breast cancer as a discrete change is diminished resulting in widely varying success rates (40-95%) in finding cancer from patient to patient based solely on their breast density.

In addition, the difference in incidence of breast

cancer developing in a dense breast (white) versus a fatty breast (dark background on mammogram) can increase fourfold.

Thus the dense breast develops an increased number of breast cancers and they are harder to detect on mammograms which is a deadly combination. The dense tissues can also adversely affect the success of the physical examination of the breast masking a tumor or presenting as diffuse "lumpy" findings on palpation.

## DEVELOPMENTS

Breast density notification laws have been enacted in more than 30 states with pending legislation in many additional states. Pennsylvania's Breast Density Notification Law went into effect in January 2014 mandating:

See VISION | 29

# VISION IMAGING

**You have a choice!**

*If you are self pay or on a deductible plan, check out our lower cost structure.  
Quality and Value, in a cheerful and caring environment.*

**CT** - Neruo, Thoracic, Abdominal, pelvic, extermities, Guided Biopsies

**XR**ay

**MRA** - Brain, Carotids, Renal, Peripheral, Angiography

**MRI/OPEN MRI** - Musculoskeletal, MR arthography, Abdominal, Pelvic, Breast, Brain, Spine and MR guided Breast biopsies

**Nuclear Medicine** - Bone, Renal, Liver/ spleen, cardiac stress testing, MUGA, Indium, Ceretec, Gallium, GI bleed, Gastric Emptying, Resting ECG, Thyroid Parathyroid, Hepatobiliary with CCK

**PET/CT**

**Ultra Sound / including Vascular** - Ultra Sound guided biopsies

**Digital Mammography** - 2D and 3D with tomosynthesis

**Interventional Radiology** including, Abscess Drainage, Arteriograms, Arthograms, PICC line placements, Port a caths, Dialysis Fistulagrams, IVC Filter placement, Paracentesis/Thoracenteis, Sialograms, Venography, Vertebroplasty

**Vision Imaging 517 Piece St, Kingston PA 18704**

**(570)714-7226 phone • 570-714-6288 Fax**

Hours M-Thurs 8am-6Pm , Friday 8am-5Pm and Saturday appointments available.



Dr. Thomas Bednarek



Dr. John Dawsey

# THE COOKIE CORNER

Nursery School and Daycare

## Breast Cancer Awareness



Supporting the *Fighters*,  
 Admiring the *Survivors*,  
 Honoring the *Taken*,  
 And Never, Ever Giving Up *Hope*.



272 West Eighth Street, West Wyoming, PA 18644  
 (570) 693-3556 [www.cookiecornerchildcare.com](http://www.cookiecornerchildcare.com)

*In Loving Memory of Debra A. Kroski*

## Vision

From page 27

That the mammogram report indicates the patient's breast density and its implications with suggestions for possible additional testing chiefly with ultrasound or in the high risk patient, MRI. Unfortunately, there is no mandate for coverage of the ancillary testing, if indicated, resulting in significant out of pocket costs to these women discouraging optimal care. A handful of states including New Jersey do require payment of ancillary screening, but not Pennsylvania or a majority of the other states with these laws.

That the letter sent to a patient following her mammogram not only contain information about her result but specific information about her breast density to further a discussion with her caregiver about the need for ancillary testing over and above the mammogram.

The American College of Radiology has implemented categories of breast density to be used in reports as follows:

BI-RADS (breast imaging reporting and data system density category).

Category A--The breasts are almost completely composed of fat with less than 25% fibroglandular components. (10% of patients)

Category B --The breast shows scattered areas of fibroglandular density (25-50% fibroglandular densities). (40% of patients)

Category C --The breasts are heterogeneously dense (50-75% fibroglandular) which may obscure small masses. (40% of patients)

Category D --The breasts are extremely dense (greater than 75% fibroglandular density) which lowers the sensitivity of mammography. (10% of patients)

### CONCLUSION

Breast density is a very important variable in the incidence of breast cancer and its detectability on mammography potentially affecting up to 50% of women.

In breast density category 3 (very high risk patients), ancillary testing with ultrasound and occasionally MRI should be considered on a case by case

basis but should be mandatory in category 4.

Know your breast density and have a discussion with your caregiver about what is the best course of action for you.

Lobby state representatives and senators to enact companion legislation that strengthens the breast density law to include coverage for ancillary screening, such as ultrasound and MRI, where appropriate to ensure adequate care of women with dense breasts.

New technology such as Digital Tomosynthesis of the breast which includes multiple thin section images at the time of mammography improves cancer detection versus conventional mammography. However, it still misses 50% of the occult cancers found at ultrasound but it is a step in the right direction. This technology has been installed and is available at Vision and Hazleton Imaging. 40 states have passed breast density legislation.



**ALBERT'S  
PHARMACY**

*get well soon*



**FREE  
DELIVERY!**

**Joseph Albert, R. Ph.**

**Never Give Up Hope.**

**Proudly Supporting Breast Cancer Awareness Month**

**WE OFFER EASY RX TRANSFERS... JUST CALL!**

- Accept Most Major Insurances • Convenient Drive-thru Service
- Order Refills by Automated Phone 24 hours a day, by email or on-line
- Competitive Pricing • Off Street Parking • Convenient Drive-thru Service • Sunrise Greeting Cards • PA Lottery



**ALBERT'S  
PHARMACY**

*get well soon*

**201 South Main Street, Pittston**

Mon.-Fri. 9 to 6; Sat 9 to 1 Closed Sun

**570-299-5150 • Fax: 570-299-5155**

**www.albertspharmacy.com**




**Northeastern  
Pennsylvania's  
Leading Hair  
Replacement Clinic**

Specializing in the latest, most advanced methods of non-surgical hair restoration.

**Free Consultation**

Hours: Tues. & Thurs  
9am-8pm  
Wed., Fri. & Sat.  
9am-5pm



**TOSI'S**  
HAIR REPLACEMENT CLINIC  
HairByTosi.com  
tosihair@verizon.net

390 Slocum Avenue  
Exeter, PA 18643  
Phone (570) 693-3276  
Fax (570) 693-4267  
1-800-927-7276

**\$10 PER STRAND**

ALL PROCEEDS FROM THE PINK EXTENSIONS  
IN OCTOBER WILL BENEFIT CANDY'S PLACE



**PINK**

**cure**

**union  
+ main**  
HAIR DESIGN

**570.824.3000**

87 N. Main Street, Wilkes Barre, PA 18701

[www.unionandmain.com](http://www.unionandmain.com)



@unionandmain



Union and Main

# Fundraising for Susan G. Komen®

Over three decades ago, pink was just another color. Today, pink often symbolizes and is associated with breast cancer awareness. But pink is more than just a color, it is more than just a symbol; it is an opportunity for you to join the Susan G. Komen Greater Pennsylvania Affiliate in turning awareness into action, to be... More Than Pink.

How? One great way is to FUNDRAISE! Susan G. Komen has released a new "Do It Yourself" (DIY) online platform that makes creating and managing a fundraising event simple and fun to do!

We are honored to be contacted so often by passionate members of our community wanting to organize an event or promotion benefiting breast cancer awareness and research. Fundraising for Komen Greater PA is a wonderful way for you – as an individual, part of a team, member of an organization – to empower the cures by raising money and awareness! An effective



fundraiser can be as simple as a Friday cookie sale in your office's break room, a slightly more involved neighborhood garage sale, or an all-out event complete with refreshments and commemorative tees. The important thing to remember is that no matter how you choose to fundraise, every dollar counts!

If you have held a fundraiser for Komen Greater PA and would like to make a donation to the organization, please click here and fill out the attached form

along with your donation! Thank you for your support!

## HOST A FUNDRAISER

We want to make this process as simple as possible for you. In order for us to give each event and/or promotion request its due attention, we ask that you first read through the Komen Greater PA Guidelines to Conduct a 3rd Party Event available to assist you in planning your event or promotion. If after you've read the guidelines, you are interested in entering into an agreement with Komen Greater PA, please complete the 3rd Party Application and return to Meg Dluhos via email to [mdluhos@komengreaterpa.org](mailto:mdluhos@komengreaterpa.org) or fax to 412-342-0504. This completed form may also be mailed to Susan G. Komen Greater PA | 1133 South Braddock Ave. | Pittsburgh, PA 15218. For additional questions, please contact Meg at 412-342-0500.

*Information from [komengreaterpennsylvania.org](http://komengreaterpennsylvania.org).*

# VALLEY



**REFRIGERATION**

**AIR CONDITIONING INC.**

## LIVE, LOVE & BELIEVE IN THE CURE



**345 LAUREL STREET, PITTSTON**

**570-654-4513**

**WINNER**

**THE BEST OF  
GREATER PITTSBURGH**

**2015**

**2016**

**2018**

# Women's Imaging Services



Commonwealth Health offers a variety of imaging services exclusively for women in a comfortable, compassionate environment using the latest technology. On-site, board-certified radiologists provide fast, professional interpretation of images. Plus, our skilled and friendly staff is here to make your procedure as comfortable and stress-free as possible.

#### Services:

- 3D Mammography
- Breast Intervention (Biopsy)
- Breast & Obstetric (OB) Ultrasound
- Gynecological (GYN) Ultrasound
- Breast MRI
- Dexascan

#### Two convenient locations:

Dunmore • 570-207-0155    Kingston • 570-552-4560

**Commonwealth  
Health**   
Commonwealthhealth.net